

Winter Greetings,

The bug that no one likes to talk about has come to visit a few homes and heads of kids in our school. This time of year we as parents need to be vigilant and check our children's heads to make sure that they are not hosting any lice. There are several ways to help reduce the possibility of getting lice:

- Be prepared for Wisconsin weather and make sure that your child brings **his/her own hat and coat to school everyday**...we have several kids everyday who do not bring a hat or gloves to school.
- Check your child's head one to two times a week for any live lice or nits (eggs).
- Do not share brushes, combs, pillows or bedding, hats or coats
- Wash winter hats every week or every other week
- Wash pillowcases and bedding every week or every other week
- Wash hair and body on a regular bases
- If you do find lice or nits please treat and clean your home appropriately
- Inform the school that your child had lice and when he/she was treated

If you have questions or would like informational material please feel free to email or call me :

920-898-4769, or kolson@nhsd.k12.wi.us

Thank you for your time and effort to keep our **Little Huskies** happy and healthy

Kimberly Olson BSN RN

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