

# **Allies in Mental Health Education (AMHE)**

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# Year in Review

- **Staff Mental Health Literacy**
- **Creating a Mental Health Team**
- **Resource mapping & gap analysis**
- **Development of referral pathway and SST (Student Success Team)**
- **Planning selection of Tier 1 supports (Caring School Community & Sources of Strength)**
- **Piloted the b.e.s.t. Screener (Kindergarten and First Grade)**
- **Applied for the State Mental Health Grant**



# AMHE - Next Steps



- **Staff Literacy (Trauma Sensitive School Training)**
- **Implement a district-wide Social-Emotional Learning program/curriculum program**
- **All students district-wide will be screened using the b.e.s.t. Screener**
- **Work on crisis plan/referral pathway**
- **Increase staff buy-in through data and evidence**
- **Expanding on our stakeholders (SRO, Youth and Family)**
- **Expanding on community partnerships**
- **Exploring on-site mental health options**

# WI School-Based Mental Health Grant

- Submitted to the Department of Public Instruction on May 1st
- On July 11th - received full amount we asked for of \$39,125 for the 2019-2020 school year and \$39,125 for 2020-2021.
- Main components of the Grant:
  - b.e.s.t. Screener for ALL students 4K-12
  - Social Emotional Learning Curriculum for the Elementary in Year 1 and the middle school in Year 2
  - Trained Trainer for Sources of Strength and implement (SOS) in the middle school and high school
  - Necessary staff literacy and education.

# b.e.s.t. Screener



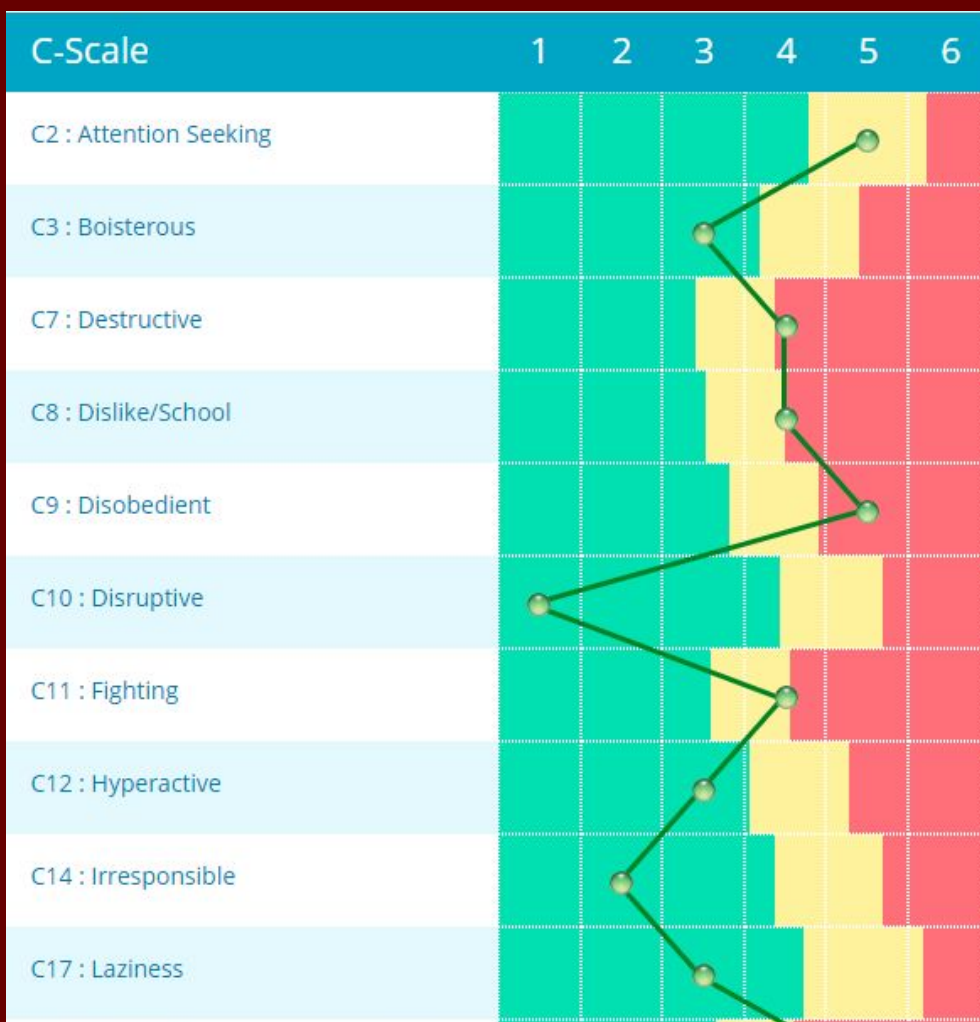
- Created by Dr. Hartwig - Marshfield Clinic
- The b.e.s.t. screener stands for Behavior Emotional Social Traits screener.
- New Holstein Elementary piloted the b.e.s.t. screener in Spring of 2019 for only Kindergarten and First Grade.
- Screening all students will help staff better understand the individual needs of our students and will provide clear direction and tools on how to meet individual student needs.
- With funding from the Grant - ALL students 4K-12 will be screened.

# b.e.s.t. Screener

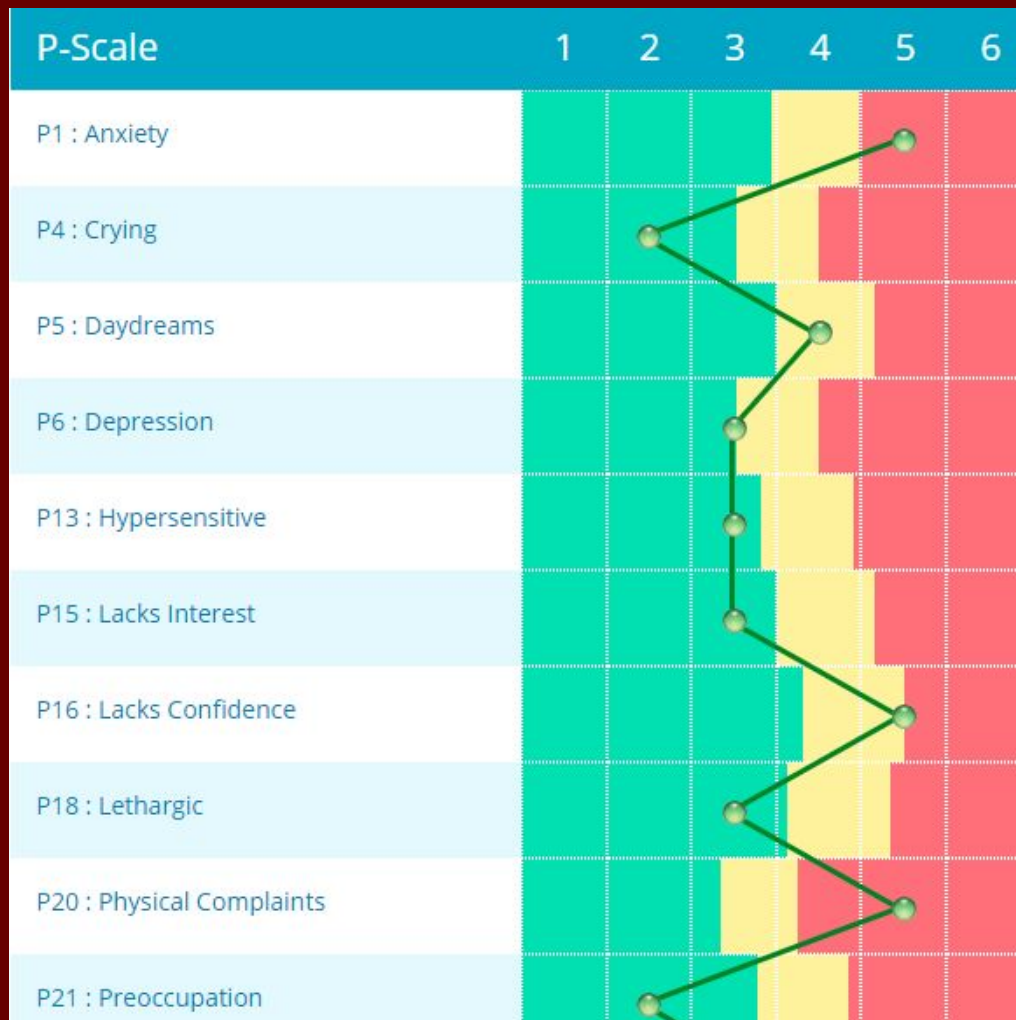


- Completed by the teacher
- Test window is in November and again in Spring
- There are 26 items on the screener that the teacher rates on a Likert scale of 1 to 6
- Takes 3-5 minutes per student to complete the screener
- Results provide a great visual for teachers and provides a list of interventions
- A teleconference with Dr. Hartwig is scheduled with the teachers and other staff









Scores / Percentile	Raw Score	Stand Score	% Rank
C-Scale	52	135	96
P-Scale	43	140	98
G-Scale	95	141	98

### Interventions

G-Scale   C-Scale   P-Scale	
Frequency	Intervention
22	Praise
13	Consistency
12	Foreshadowing

Show more...

# **Social-Emotional Learning Curriculum**

## **CASEL Website - Rating Tables for Social Emotional Learning Curriculum**

- **Caring School Community for grades Kindergarten through Fifth grade**
- **Peacemaking for Little Kids in Pre-Kindergarten**
- **Second Step for Middle School**
- **Sources of Strength for High School**

# Sources of Strength (SOS)

- **Universal evidence-based social emotional program provided to schools**
- **SOS uses mental health awareness to educate the importance of positive help seeking behaviors and involves every member of the school community**
- **Casey Suttner - Trained Trainer for Sources of Strength**
- **SOS will be implemented in the middle school and high school**

# Adult Literacy and Education

- **83.9% of the staff said they agree or strongly agree they would like to be more literate and be more effective in meeting the mental health needs of our students.**
- **Through funding from the grant we will be able to:**
  - **Professional Development for new staff in Trauma Sensitive Schools**
  - **Adolescent Mental Health Training for AMHE team**
  - **Summer Curriculum Collaboration for the Elementary SEL**
  - **Elementary staff training for the SEL Curriculum**
  - **Middle School staff training for the SEL Curriculum**
  - **Sources of Strength on site training**

**Any Questions?**