

**Athletic Alternate Year/New Physical Page**  
 Fill out name, age address, etc., and **either** the Alternate Year **or** Physical Form

NAME: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Last First MI

Age \_\_\_\_\_ Gender \_\_\_\_\_ Grade \_\_\_\_\_ School \_\_\_\_\_ Phone \_\_\_\_\_

Present Address \_\_\_\_\_ City \_\_\_\_\_ Zip Code \_\_\_\_\_

**All students participating in interscholastic athletics must have an alternate year form or current physical on file at their school prior to the first day of practice.**

Physical examination taken April 1 and thereafter is valid for the following two school years; physical examination taken before April 1 is valid only for the remainder of that school year and the following school year.

**WIAA ALTERNATE YEAR ATHLETIC PERMIT** School Year 20\_\_\_\_ - 20\_\_\_\_

PARENT: If there is any question that this student may not be healthy enough for athletic competition without, at least, a partial re-evaluation, contact your medical advisor before signing. Always defer to the recommendations of your primary care physician when deciding whether or not to have a new physical. A new physical is required at least every two years by the WIAA in order to compete. Signing below indicates that my child is in good physical health and able to fully participate and has had a physical within the past two school years which meets WIAA requirements.

Date of last physical: \_\_\_\_\_

Signature of Parent: \_\_\_\_\_ Date: \_\_\_\_\_

**OR**

**WIAA ATHLETIC PHYSICAL PERMIT** School Year 20\_\_\_\_ - 20\_\_\_\_

*Physical examination taken April 1 and thereafter is valid for the following two school years; physical examination taken before April 1 is valid only for the remainder of that school year and the following school year. If taking a new physical, be sure to fill out a Physical History Form prior to your doctor's visit and have your doctor complete this form following your examination.*

Cleared without restriction  Cleared, with recommendation for further evaluation or treatment for: \_\_\_\_\_

Not cleared for:  All Sports  Certain Sports: \_\_\_\_\_

Reason and recommendations: \_\_\_\_\_

Signature of Licensed Physician (MD or DO/APNP\*): \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ Telephone: \_\_\_\_\_ Exam Date: \_\_\_\_\_

